

17th Annual
TANG SOO DO KARATE
INVITATIONAL CHAMPIONSHIP



Hosted by Master Jeff Mignogna
Saturday, April 10th, 2010
Chartiers Valley High School
50 Thoms Run Rd, Bridgeville, Pa. 15017

Pre-registration by April 3rd, 2010

Send to: T.S.D. Karate •P.O. Box 784•Bethel Park, Pa 15102

An additional \$10.00 to register at the door

Spectators \$8.00 Children 5 and under free.

\$35.00 for one event

\$45.00 for two events

\$55.00 for three events

\$65.00 for four events

First, Second and Third Place Trophies Awarded in all divisions:
(All competitors 12 and under receive participation trophies)

🌀 *EXCITING MASTER & BLACK BELT DEMONSTRATIONS* 🌀

**THERE WILL BE 5 GRAND CHAMPIONS
AND OVER 250 DIVISIONS THIS YEAR!!!**

BREAKING, FORMS, SPARRING & WEAPONS

CHILDRENS DIVISIONS AGES 4-17 (BOYS' AND GIRLS' WILL BE DIVIDED AT 7 YEARS OF AGE)
ALL CHILDRENS DIVISIONS WILL BE DIVIDED BY AGE AND RANK

MENS' DIVISIONS 18-35, 36-46, 47 & UP.
WOMENS' DIVISIONS 18-35, 36-46, 47 & UP.
ALL ADULT DIVISIONS DIVIDED BY RANK

SCHEDULE OF EVENTS:

>BLACK BELT FORMS AGES 18 & UP 9:30 A.M.
>SWORD & OPEN WEAPON COMPETITION 10:30 A.M.
>OPENING CEREMONIES, DEMONSTRATIONS,
COLOR BELT COMPETITION AND BLACK BELT 17 & UNDER 11:30 A.M.

RULES:

Sparring

Two minutes or five points
One point awarded for:
Controlled kick or punch to side or front of the body
Controlled kick to face or side of the head
There is no contact allowed to the head or face
You are not allowed to punch to the face or head
There are no points below the belt
There are no points to the back of the head or body
There are no open hand techniques allowed
There are no back fists or sweeping techniques

Breaking

Ages 5 – 12: 2 stations 1 board per station
Ages 13 and up: 2 stations any number of boards
To ensure fairness all boards must be purchased at tournament. Cost - \$2.00 each

Safety Equipment

Sparring competitors must:
- Use a mouthpiece (on sale at Tournament)
- Wear head gear (will be supplied to those without it)
- Wear a cup (male competitors)
Competitors have the option of wearing shin pads,
Hand and foot gear.